

# Highlands is a Bee City

In 2018 the Town of Highlands became a certified bee city. As a community agreed to work to help protect our local pollinators. North America is home to approximately 4,000 species of native bees and many other pollinators such as butterflies, moths, flies, beetles and birds. These important species play a critical role in our ecosystem. Keeping our local pollinators numerous and happy helps to keep our ecosystem functioning. Our pollinators face threats including: loss of habitat, disease and poisoning due to pesticide use. As a community we can help protect our pollinators by planting native species of plants, Creating nesting habitat, and limiting pesticide use. We hope you will join the Bee City Highlands team in supporting our pollinators!



## Partner organizations:



**The Mountain**

Retreat and Learning Center



*Highlands-Cashiers*  
**LAND TRUST**  
"Saving Special Places since 1909"

## How you can help native pollinators:

Including native plant species in your garden can help to create a refuge for native pollinators in search for food, and leaving a few small brush piles can provide shelter to these species we all love so much. By creating a landscape with a diversity of blooms and bloom times, you can help feed these species throughout the growing season. Another way you can help is to minimize your use of pesticides and keep your brush piles year round. As messy as they may look, pollinators rely on these piles for shelter during the cooler months. Below is a list of plants that grow well and look beautiful up here in Highlands while also providing food sources for our beloved bees.

These happy workers and busy bees need protection. Pesticides, overgrazing, climate change, and new diseases are putting many of these species on the endangered list, and bees have a difficult enough life cycle without these problems.

Bumblebees are one of the few pollinator species that have a symbiotic relationship with plants: they get to drink as much nectar as they please, but they also help the flower reproduce. Some species only take the nectar - bumblebees help bring about a new generation. So, not only would we lose our friends, but we could also lose some of our favorite flowers. For more information on what you can do to help, visit [www.xerces.org](http://www.xerces.org).

### Native Plants for Native Bees

#### Grasses

*Deschampsia cespitosa*, Tufted hairgrass

#### Herbaceous plants

*Achillea millefolium*, Yarrow

*Actaea racemosa*, Black cohosh

*Angelica triquinata*, Mountain angelica

*Asclepias incarnata*, Swamp milkweed

*Asclepias tuberosa*, Butterfly milkweed

*Baptisia tinctoria*, Wild indigo

*Chelone lyonii*, Pink turtlehead

*Cirsium discolor*, Field thistle

*Coreopsis lanceolata*, Lance-leaved coreopsis

*Coreopsis pubescens*, Tickseed

*Echinacea purpurea*, Purple coneflower

*Eryngium yuccifolium*, Rattlesnake master

*Eupatorium* sp., Bonesets,

*Eutrochium* sp., Joe pye weed

*Gentiana andrewsii*, Bottle gentian

*Geranium maculatum*, Cranesbill

*Helenium autumnale*, Helen's flower

*Impatiens capensis*, Spotted jewelweed

*Impatiens pallida*, Pale jewelweed

*Leucathoe fontanisiana*, Dog hobble

*Liatris spicata*, Blazing star

*Lobelia siphilitica*, Great blue lobelia

*Monarda bradburiana*, Beebalm

*Monarda fistulosa*, Wild bergamot

*Osmunda cinnamomea*, Cinnamon fern

*Penstemon canescens*, E. gray beardtongue

*Penstemon digitalis*, Foxglove beardtongue

*Pontederia cordata*, Pickerelweed

*Pycnanthemum* sp., Mountain mint

*Rosa* spp., Roses

*Rudbeckia triloba*, Black-eyed Susan, coneflower

*Salvia lyrata*, Wild sage

*Sambucus* sp., Elderberry

*Silene stellata*, Widow's frill/starry campion

*Sisyrinchium* sp., Blue-eyed grass

*Solidago* sp., Goldenrod

*Symphotrichum* sp., Aster

*Verbesina alternifolia*, Wingstem

*Veronica noveboracensis*, New York ironweed

#### Trees and shrubs

*Aesculus parviflora*, Bottlebrush

*Amelanchier* sp., Serviceberry

*Ceanothus americanus*, New Jersey tea

*Cephalanthus occidentalis*, Buttonbush

*Cercis canadensis*, Eastern redbud

*Chionanthus virginicus*, White fringetree

*Clethra acuminata*, Mountain pepperbush

*Cornus florida*, Dogwood

*Crataegus crus-galli*, Cockspur hawthorn

*Halesia* sp., Silverbell

*Hammamelis* sp., Witch-hazel

*Hydrangea arborescens*, Smooth hydrangea

*Hydrangea radiata*, Silverleaf hydrangea

*Hypericum densiflorum*, Bushy St. Johnswort

*Kalmia latifolia*, Mountain laurel

*Lindera benzoin*, Spicebush

*Magnolia acuminata*, Cucumber tree

*Oxydendrum arboreum*, Sourwood

*Rhododendron maximum*

*Rhododendron vaseyi*, Pinkshell azalea

*Rhododendron viscosum*, Swamp azalea

*Salix* sp., Willow

*Sorbus americana*, Mountain ash

*Tilia americana*, Basswood

*Vaccinium corymbosum*, Highbush blueberry

## **Policy to Protect Pollinators from Harmful Pesticide Exposures**

WHEREAS, the loss of pollinators is alarmingly high, with honey bee colonies experiencing significant annual losses, and with populations of native bees and other pollinators also in decline; and

WHEREAS, these declines are driven by a number of factors including habitat loss, pesticide exposure, lack of forage, and climate change; and

WHEREAS, populations of pollinators can be supported and enhanced by increasing native habitat that is protected from pesticide contamination; and

WHEREAS, threats to pollinators concern the entire food system, where pollination services provided by honey bees and other essential pollinators account for one in every three bites of food and are valued at \$20 to \$30 billion in agricultural production annually in the United States; and

WHEREAS, the use of neonicotinoids, the most widely used class of insecticides, is associated with lethal and sub-lethal effects on bees that impair foraging patterns, navigating and learning behavior, alter reproductive cycles, and impair immune systems leading to increased susceptibility to pathogens and reduced colony survival; and

WHEREAS, a large and growing body of independent, peer-reviewed scientific studies demonstrate that existing neonicotinoid contamination in the environment can adversely impact birds, aquatic organisms and the ecosystems they support; and

WHEREAS, research has shown that many pesticides, including fungicides and herbicides, can also pose risks to already-compromised bees and other pollinators; and

WHEREAS, the use of pesticides is often cosmetic and is not necessary to create and maintain landscapes, gardens or open spaces, given the availability of viable alternative practices and products; and

WHEREAS, integrated pest management - designed to manage pests by addressing the underlying sources of the pest problems, prioritizing non-chemical techniques and those that are least toxic to humans and the environment - strengthens efforts to protect pollinators; and

WHEREAS, pesticide regulations at the federal and state level, and the risk assessments that inform them, fail to account for many factors that influence the risks pesticides pose.